

# SPECIAL DIET REQUEST FORM

Name

Phone

Email

Retreat Group or Conference

Dates of Stay

**Type of Special Diet** (please check all that apply)

- Vegetarian
- Vegan
- Gluten Free
- Lactose Intolerant
- Diabetic
- Other

If other please explain:

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Vegetarians check all that you can eat.

- Fish
- Eggs
- Dairy
- Other (please explain below)

Lactose Intolerant check all that apply

- Cannot eat any dairy products
- Lactose intolerant but can eat butter
- Lactose intolerant but can eat cheese

Food Allergies - check all that apply

- Shellfish
- Eggs
- Dairy
- Other (please explain below)

If other please explain:

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